Coping Power - National Gang Center Program Goals
The Coping Power Program is a cognitive-based intervention delivered to aggressive children and their parents during the children's transition to middle school years. Developed as a preadolescent boys program and classroom. The Coping Power program involves an intervention with aggressive children and a simultaneous program for their parents, to increase positive motivations at home. The Coping Power program was found to have positive effects on external behavior and potentially positive effects on social outcomes for children classified with an at-risk status. Handouts from Coping Power Coping Power Website.

Dissemination of the Coping Power program: importance of intensity of counselor involvement. The Coping Power Program is designed for use with preadolescent and early adolescent aggressive children and their parents and is often delivered near the end of elementary school. The Coping Power Program is a cognitive-behavioral intervention that is delivered to moderate- to high-risk children in the late elementary school and early middle school years.

Developed as a preadolescent boys program and classroom. The Coping Power program involves an intervention with aggressive children and a simultaneous program for their parents, to increase positive motivations at home.

The Coping Power Program is a two-year prevention and intervention program for aggressive children in the late elementary school and early middle school years ages 6 to 10. The Coping Power Program grew out of an earlier empirically-supported program, the Anger Coping Program. The Anger Coping Program was also effective in reducing aggression and increasing positive behaviors in children.

The Coping Power Program is based on an empirical model of risk factors for potential antisocial behavior. For high-risk children, it addresses deficits in social skills, problem-solving, and emotional regulation.

Coping Power is delivered to moderate to high-risk children in the late elementary school and early middle school years. The program lasts from 15 to 18 months.


Coping Power for parents and their at-risk children consists of two components: Parent Focus and Child Focus. Parent Focus aims to help parents develop skills in managing behavior, while Child Focus focuses on developing coping strategies and problem-solving skills in children.

Coping Power is a proven effective treatment for aggressive children, with positive effects on external behavior and potentially positive effects on social outcomes for children classified with an at-risk status.

Handouts from Coping Power Coping Power Website.

Coping Power: From Stress to Thriving in life and business explores new ways to address the growing problem of stress in society and the workplace. Coping Power Program Description Apr 2, 2014. Raw Coping Power: From Stress to Thriving in life and business explores new ways to address the growing problem of stress in society and the workplace.

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